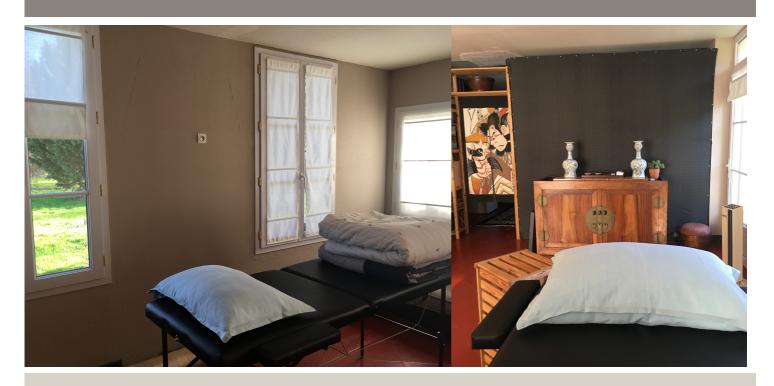
ONDE-BODY CARE

THE AYURVEDIC AND ENERGETIC EXPERIENCE



CARES & PRICES (TTC)

Abhyangam: traditional indian massage with hot ayurvedic oils - 80 €

Udvarthanam: massage with hot ayurvedic oils and body scrub with ayurvedic plants - $90 \in$

Nasyam : hot oil head and spine massage. Treatment of sinuses with oil and spices - 70€

Marmatherapy: indian acupression - 60€

Access Bars: activation of energetic points on the head - 60€

Access facial lift : energetic activation on neck and face - 60 \in

Body process: energetic process according to your need or problem 50-100€ depending on time.

Take care of yourself during your stay

Book in advance and enjoy an incredibly

peaceful experience.

Hours: 10h-19h

Location : Château de la vieille chapelle

33240 Lugon et l'île du

carney

Plus: After your massage enjoy a

moment in your room with a special ayurvedic hot drink.

Call Fabienne Mallier or book at the reception

06 17 98 19 56