

ONDE-BODY CARE

THE AYURVEDIC AND ENERGETIC EXPERIENCE



CARES & PRICES (TTC)

Abhyangam : traditional indian massage with hot ayurvedic oils - 80 €

Udvarthanam : massage with hot ayurvedic oils and body scrub with ayurvedic plants - 90 €

Nasyam : hot oil head and spine massage. Treatment of sinuses with oil and spices - 70€

Marmatherapy : indian acupression - 60€

Access Bars : activation of energetic points on the head - 60€

Access facial lift : energetic activation on neck and face - 60€

Body process : energetic process according to your need or problem 50-100€ depending on time.

Take care of yourself during your stay

Book in advance and enjoy an incredibly peaceful experience.

Hours : 10h-19h

Location : Château de la vieille chapelle
33240 Lugon et l'île du carney

Plus : After your massage enjoy a moment in your room with a special ayurvedic hot drink.

Call Fabienne Mallier
or book at the reception

06 17 98 19 56